



Category/Theme

Active, Animals & Insects, Independence, Seasons & Holidays

Song Title: Penguin Dance

Album: Wide Wide World (Ionian Productions, 2005)

Listening Sample, Digital Download and CD Purchase Sites:

CD Baby: <http://www.cdbaby.com/cd/missamy2>

iTunes: <http://itunes.apple.com/us/album/wide-wide-world/id152942010>

Suggestions for Use: Combine with a lesson about the Arctic, winter or birds. Read Tacky the Penguin and talk about what makes him a special bird.

www.houghtonmifflinbooks.com/catalog/titledetail.cfm?titleNumber=489199

Activity: Make your own special penguin. Talk about what makes your penguin special. Is he strong, friendly, fair, courageous, and independent? How does he compare to Tacky? Turn on the Penguin Dance and follow the moves described. At "Do the Penguin" waddle in a circle with arms to your sides. When song says "go" run in place as fast as you can. Have fun!

BeneFIT™: High intensity aerobic

Lyrics:

PENGUIN DANCE

Wide Wide World Collection, Copyright © 2005 Amy Skelton Otey

Burr!

You gotta jump, you gotta slide. You gotta flap your wings like you're trying to fly.

You gotta rock, you gotta roll. You gotta shake your belly like jelly in a bowl.

Do the Penguin, Do the Penguin, Do the Penguin dance!

FREEZE

You gotta twist, you gotta shout. You've got to waddle, waddle, waddle all about.

You've gotta hip, you've gotta hop. You've gotta hippity hop and you cannot stop yeah.

Do the Penguin, Do the Penguin, Do the Penguin dance!

FREEZE

Go little penguin (Go, Go, Go) Go little penguin (do it in the snow)

Go little penguin (Go, Go, Go) Yeah Go, go, go. OK take it down real low

See if you can do this dance with me.

Jump, Jump Jump Jump Jump, waddle waddle waddle, jump.
Jump waddle waddle waddle, jump. Jump waddle waddle waddle , twist, twist.
Jump waddle waddle waddle , twist, twist

Go little penguin (Go, Go, Go) Go little penguin (do it in the snow)
Go little penguin (Go, Go, Go) Come on know go ,Go, go, go.

Burr!

You gotta Jump, you gotta slide. You gotta flap your wings like you're trying to fly.
You gotta rock, you gotta roll. You gotta shake your belly like jelly in a bowl.

Do the Penguin, Do the Penguin, Do the Penguin dance! FREEZE!
Do the Penguin, Do the Penguin, Do the Penguin dance! FREEZE!